

To the Citizens of Imizu City

- An Urgent Message from the Mayor (Stage 3) -

From today, Toyama's "Roadmap for Overcoming COVID-19" has been raised to Stage 3. I would like to ask all of you - the citizens of Imizu City - for your cooperation and compliance in taking action to protect yourselves and your loved ones from infection.

- 1. At day or night, please avoid going out unless it is absolutely necessary.**
- 2. If you must go out, wear a mask, wash your hands thoroughly, disinfect, ventilate regularly, and avoid not only extremely crowded places, but even places with just a few people. Please follow these guidelines even when vaccinated.**
- 3. Please refrain from traveling to or from any prefectures unless it is urgent or absolutely necessary.**
- 4. When eating, remove your mask, but please refrain from talking. Please only have conversations when everyone is wearing a mask.**
- 5. If you feel unwell, please call a medical institution and seek medical attention as soon as possible.**

Wearing a mask increases the risk of heat stroke. It is expected to get hot again soon, so please be more careful than usual about your body temperature and be sure to drink water even when you are not thirsty.

We are currently experiencing an unprecedented spike in the rate at which people are being infected, but as citizens of Imizu City, let's work together and overcome this difficult situation.

August 16th, 2021

夏野元志

Natsuno Motoshi
Imizu City Mayor