### Message from the Mayor of Imizu

Regarding Covid-19, since July there has been a rapid increase in the number of newly infected people nationwide and the number has reached a record high in Toyama prefecture. Because of this, there are concerns that these numbers will continue to increase. I would like to ask citizens again for their cooperation in the following guidelines.

### 1 Please review and be consistent with Covid-19 prevention methods.

At gatherings, please wear masks, wash and disinfect your hands, avoid close contact, and take special ventilation measures by opening windows in opposite directions and using circulators.

## 2 Please avoid going to school or work when you feel unwell and seek medical attention as soon as possible.

If you feel discomfort in your throat or feel unusually tired, please refrain from going to school or work and seek medical attention as soon as possible by contacting a medical institution by phone.

#### 3 Please be cautious when returning home and having meals together.

When welcoming visitors and family home for the Obon holiday, especially in cases where you will be in contact with elderly persons, please get health checks in advance and wear masks when having conversations.

#### 4 Please consider a vaccine booster shot.

If you are over 60 years old and have an underlying disease or condition, please consider getting a 4th booster shot in order to prevent aggravation. In addition, since we will continue to carry out 3rd vaccinations for children, please consider getting an early vaccination.

#### 5 If you feel you might be infected, please consider getting tested.

If you have no symptoms but are worried that you might be infected, please use free tests, such as the PCR that are conducted at pharmacies. The time that you can use these tests free of charge has been extended until August. For details, please check the "About free PCR tests" section on the prefecture's homepage.

Let's work together to review and thoroughly implement all infection prevention measures and overcome this difficult situation as a community.

July 21st, 2022

# 射水市長 夏野元志

Natsuno Motoshi

Imizu City Mayor