

Post-COVID-19 Wellness Report

Imizu City Municipal

Dear school principal

Grade : Class : Name :

Please monitor and record your child's wellness using the charts below. Your child may return to school if 5 days have passed since the onset of your child's COVID-19 case, and a full day has passed since the child's symptoms have eased. (In the case of no symptoms 5 days have passed since the child's COVID-19 case was confirmed).

1 Day of onset	Month :	Day :	(Day of the week)
Day of onset includes start of symptoms, fever, sore throat etc., it will be counted as day 0.			
2 Day of medical examination	Month :	Day :	(Day of the week)
(In the case of conformation without medical examination, please record the date you used self-testing kit)			
3 Day that symptoms eased	Month :	Day :	(Day of the week)
Ease of symptoms means, reduction in fever without medication and respiratory system shows signs of improvement.			
4 School absence period	月	日 () ~	月 日 ()

In order to prevent the further spread of COVID-19 please ensure your child wears a mask for a period of 10 days after the onset day.

Year Month Day

Caregivers name: _____

Post COVID-19 school attendance reference table

	Day of onset	発 症 後						
	Day 0	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
If symptoms ease on the first day after onset	Onset	Ease of symptom	First day after symptoms have eased	Third day after onset	Fourth day after onset	Fifth day after onset		
		School attendance not possible						possible
If symptoms ease on the second day after onset	Onset		Ease of symptom	First day after symptoms have eased	Fourth day after onset	Fifth day after onset		
		School attendance not possible						possible
If symptoms ease on the third day after onset	Onset			Ease of symptoms	First day after symptoms have eased	Fifth day after onset		
		School attendance not possible						possible
If symptoms ease on the fourth day after onset	Onset				Ease of symptoms	First day after symptoms have eased		
		School attendance not possible						possible
If symptoms ease on the fifth day after onset	Onset					Ease of symptoms	First day after symptoms have eased	
		School attendance not possible						

- ◆ At a minimum your child must stay home for at least five days after the onset day.
- ◆ In cases where there are no symptoms at all the child must stay home for at least 5 days from the day of the confirmation.